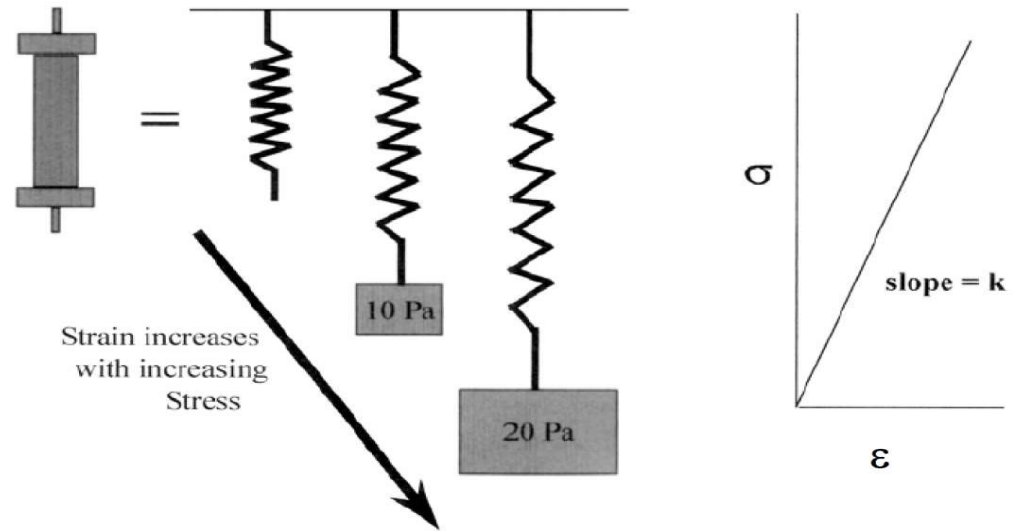


# *Dynamic Mechanical Analysis & Viscoelasticity*

Corso di Biomeccanica dei Tessuti  
25/11/2019 – 16/12/2019

*[ludovica.cacopardo@ing.unipi.it](mailto:ludovica.cacopardo@ing.unipi.it)*

# Elastic Solids



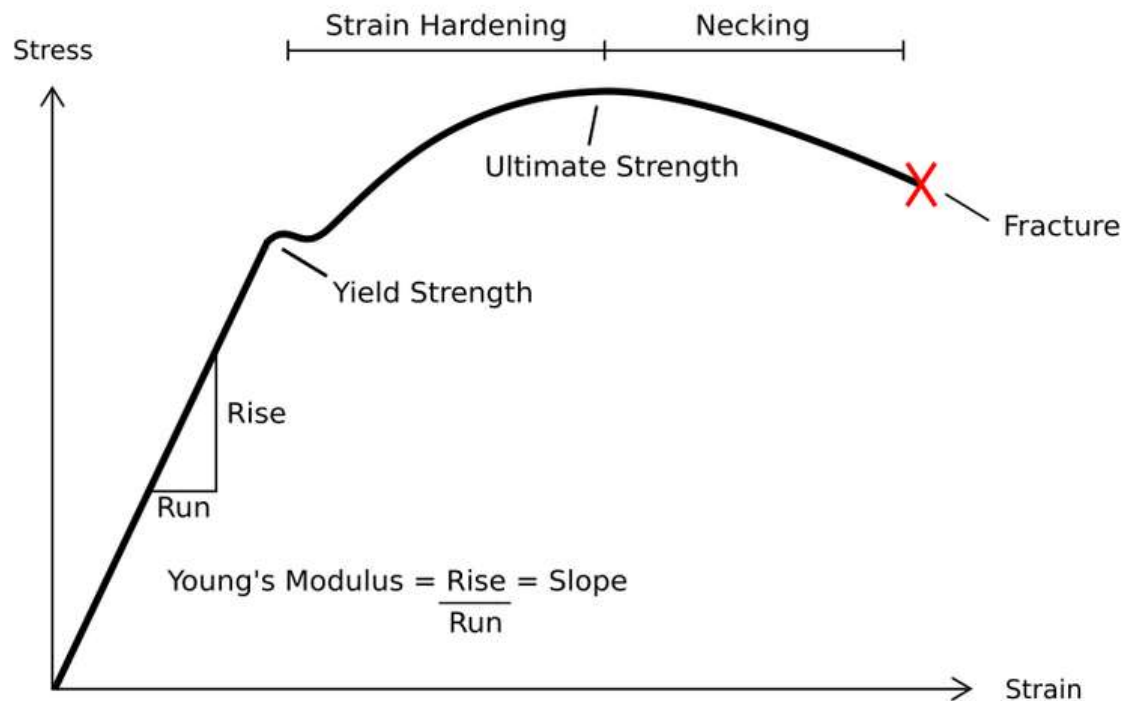
Stress is directly proportional to deformation:

$$\sigma = E \cdot \varepsilon$$

The **elastic modulus** (E) represents the resistance of a material to deformation (**stiffness**).  
The reciprocal of E (J) is known as **compliance**.

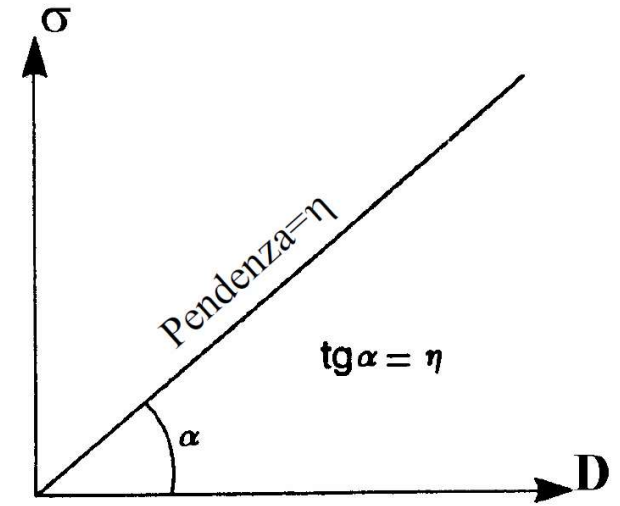
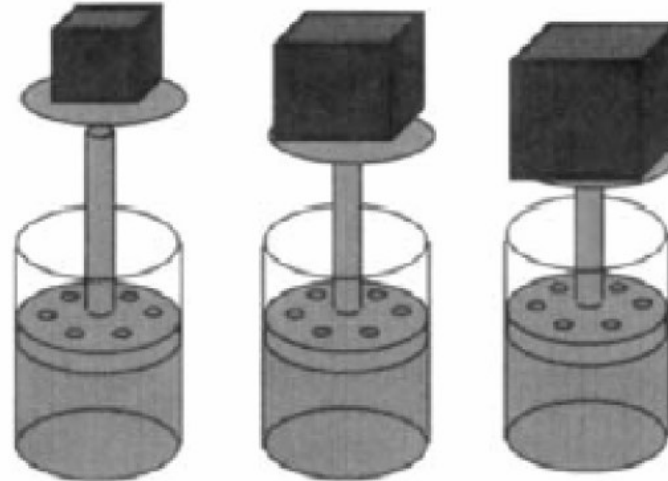
$$J = \frac{1}{E}$$

# Elastic response



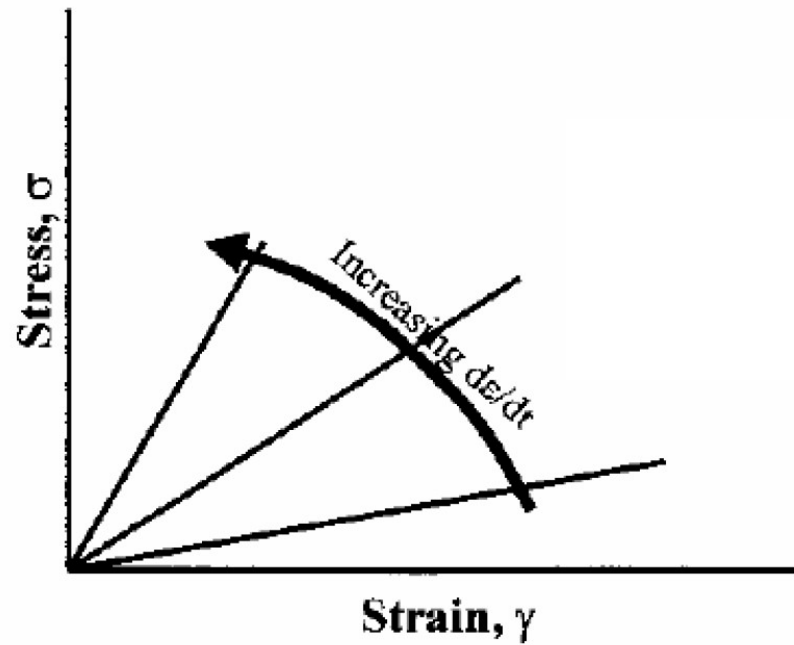
An elastic material has a linear response until a critical stress value (yield stress), then it becomes not linear until the failure of the sample.

# Viscous liquids



$$\sigma = \eta \cdot \frac{dV}{dy}$$

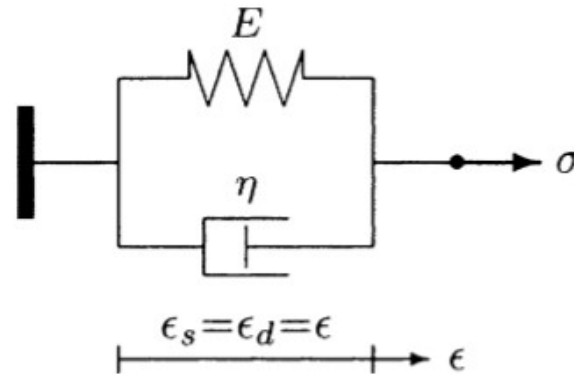
# Viscoelastic materials



**Time dependency:**  
The **apparent stiffness** of the material increases with increasing testing velocity

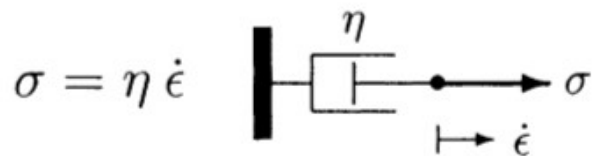
# Lumped parameter models

SPRING: ELASTIC SOLID

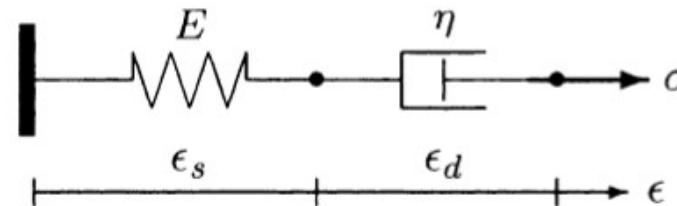


$$\sigma = E\epsilon + \eta \frac{d\epsilon}{dt}$$

DASHPOT: VISCOUS FLUID



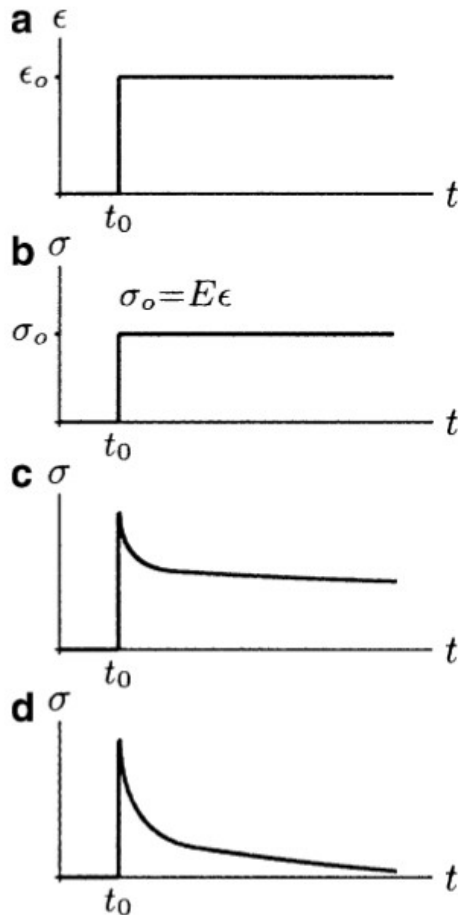
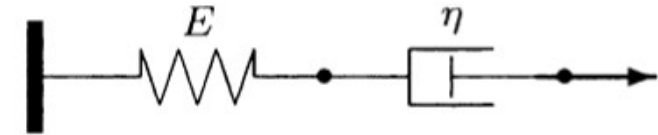
Kelvin-Voigt model



$$\frac{d\epsilon}{dt} = \frac{1}{E} \frac{d\sigma}{dt} + \frac{\sigma}{\eta}$$

Maxwell model

# Stress Relaxation



Stimulus = **strain step  $\epsilon_0$**  (a)

Response:

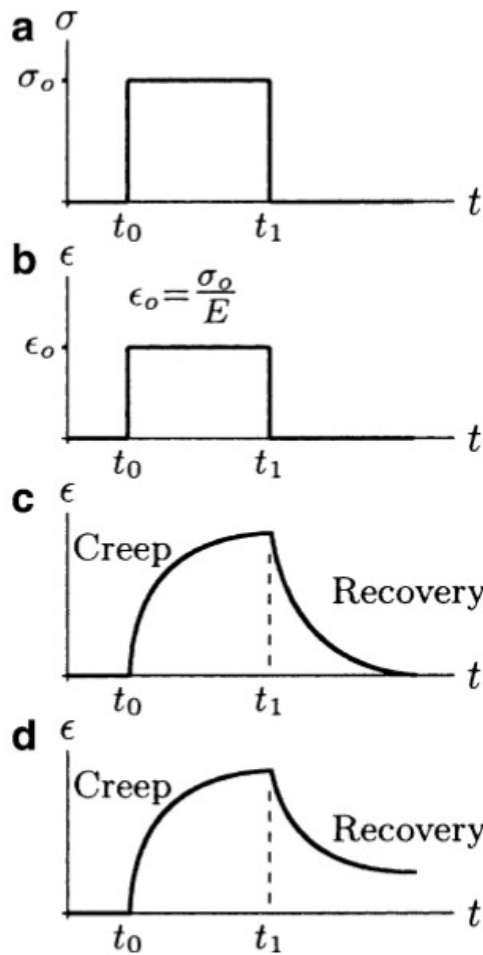
- (b) elastic material -> constant stress
- (c) viscoelastic solid -> **initial high stress that will decrease over time, but stress level will never reduce to zero**
- (d) viscoelastic liquid -> initial high stress that will decrease over time, and the stress will **eventually reduce to zero**

$$\sigma(t) = \epsilon_0 E e^{-tE/\eta}$$

**Relaxation time ( $\tau_{SR}$ ):** The force drops to 1/e of its initial value

i.e. when  $t=\tau$ ,  $\sigma(\tau) = \sigma_0 e^{-1} = \sigma_0 * 0.33$

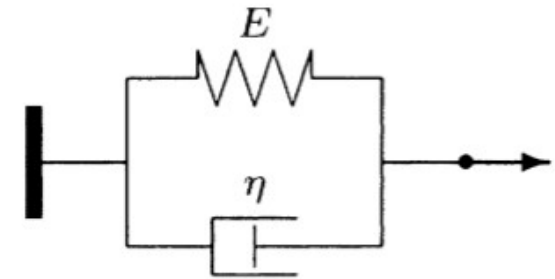
# Creep



Stimulus = **stress step**  $\sigma_0$  (a)

Response:

- (b) elastic material -> **constant strain** at time  $t_0$ . At time  $t_1$ , the material will instantly and **completely recover the deformation**.
- (c) viscoelastic solid -> a **strain gradually increasing** between times  $t_0$  and  $t_1$ . At time  $t_1$ , gradual recovery will start. The *recovery will eventually be complete*.
- (d) viscoelastic liquid -> complete recovery will never be achieved and there will be a **residue of deformation** left in the material



$$\epsilon(t) = \frac{\sigma_0}{E} (1 - e^{-tE/\eta})$$

**Retardation time ( $\tau_c$ ):** The strain achieves to  $(1-1/e)$  of its final value

i.e. when  $t=\tau$ ,  $\epsilon(\tau) = \epsilon_{\text{equilibrium}}(1-e^{-1}) = \epsilon_{\text{equilibrium}} * 0.67$



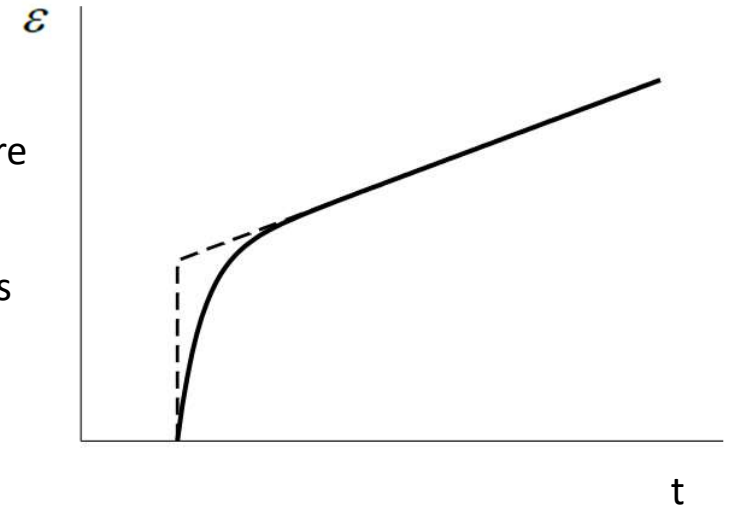
# Creep and SR equations

- Creep -> Voigt

because Maxwell does not describe correctly creep answer: the answer is more edgy and **does not describe the transition between short time (elastic) and long time behavior (viscous)**.

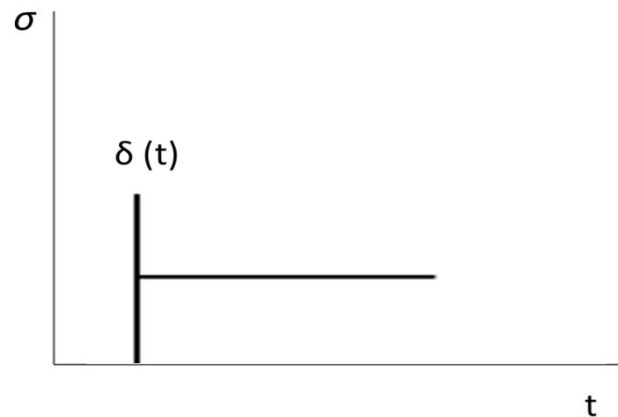
Maxwell does not describe well all the situations in which the applied stimulus is a stress.

$$\varepsilon(t) = \sigma_0 \left( \frac{t}{\eta} + \frac{1}{E} \right)$$



- SR -> Maxwell

$$\sigma(t) = \varepsilon_0 \eta \cdot \delta(t) + \varepsilon_0 E$$



# Universal Testing Machine

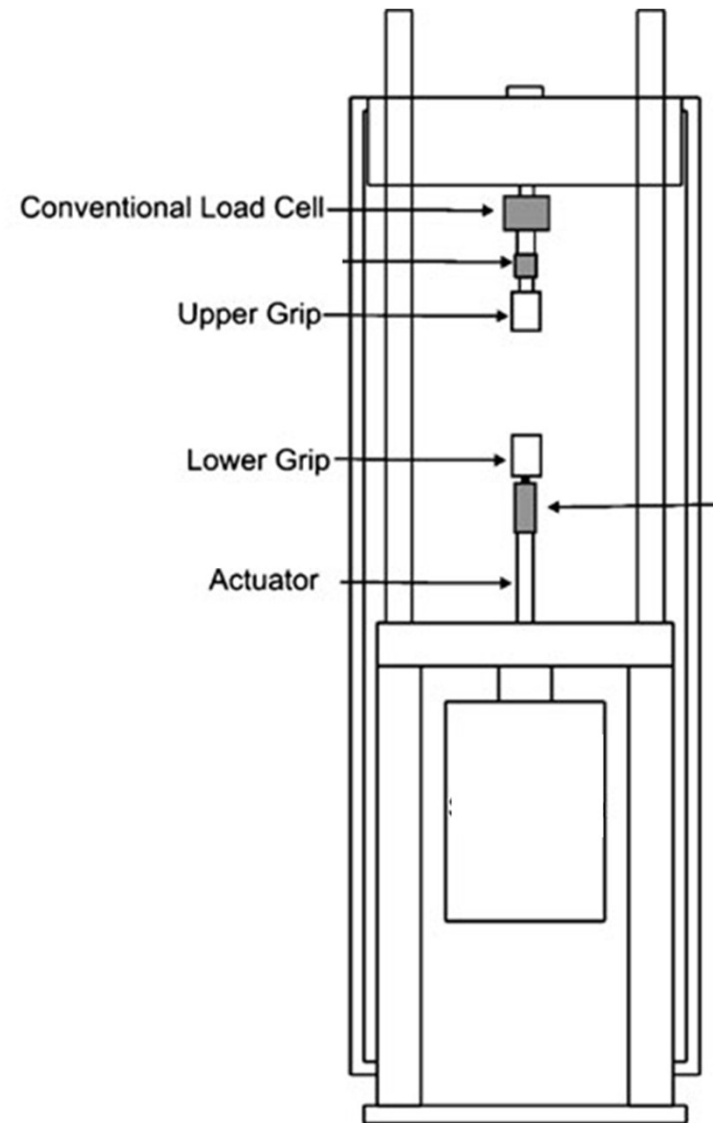
*Bulk Mechanical Properties*

## **Universal testing machines (UTM):**

*Compression and tensile tests*

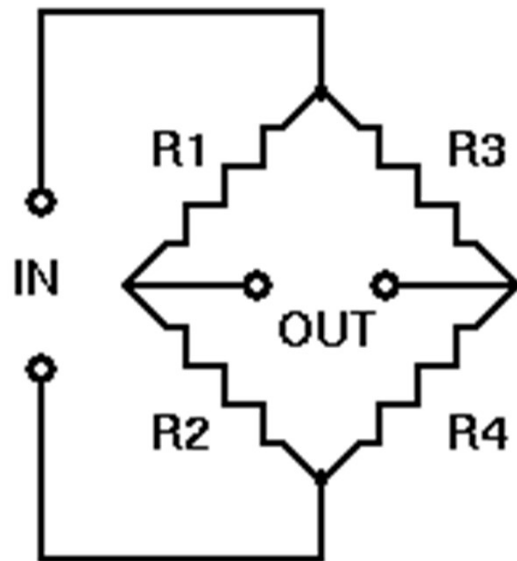
Main components:

- Load cell (different maximum loads)
- Actuator
- Sample holding system



# Load cell

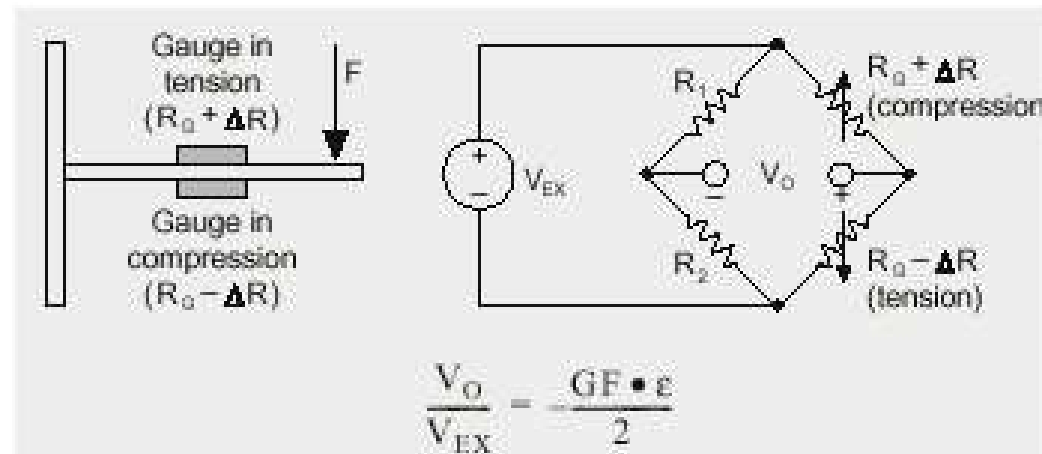
wheatstone bridge:



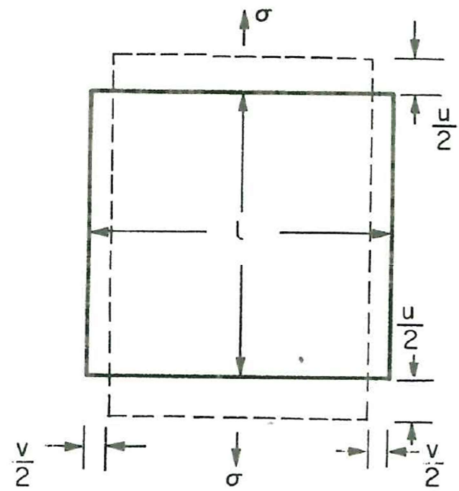
when  $R1/R2 = R3/R4 \rightarrow V_{out}=0$

but if there is a change to the value of one of the resistors:

$$V_{out} = [(R3/(R3 + R4) - R2/(R1 + R2))] * V_{in}$$



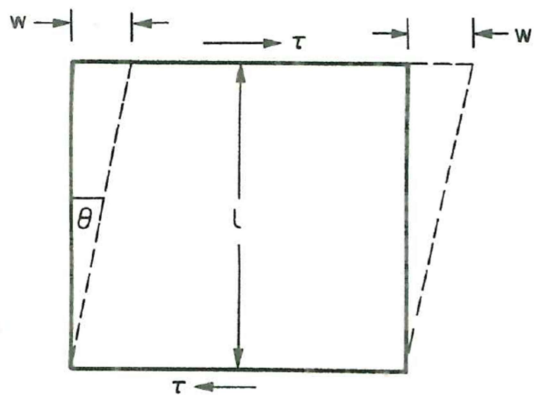
# Note: shear vs. elastic modulus



Nominal tensile strain,  
 $\epsilon_n = \frac{u}{l}$

Nominal lateral strain,  
 $\epsilon_n = -\frac{v}{l}$

Poisson's ratio,  
 $\nu = -\frac{\text{lateral strain}}{\text{tensile strain}}$



Engineering shear strain,  
 $\gamma = \frac{w}{l} = \tan \theta$

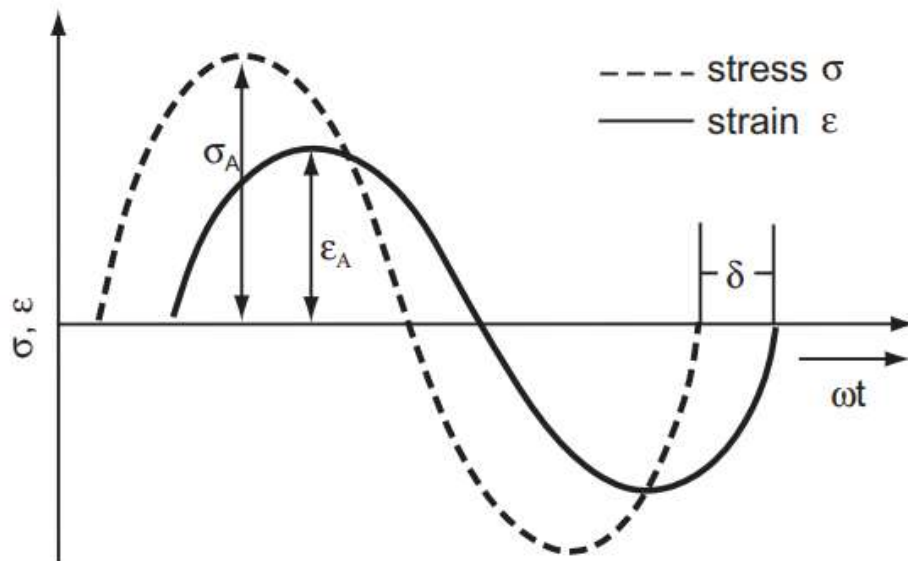
$$E = 2G(1 - \nu)$$

*Elastic modulus*

*Shear modulus*  
 $G = \tau / \gamma$

# DMA

Dynamic Mechanical Analysis (DMA) is a technique where a *small deformation is applied to a sample in a cyclic manner*. This allows the **materials response to strain, temperature, frequency** and other values to be studied.  
(The sample can be subjected by a controlled stress or a controlled strain)

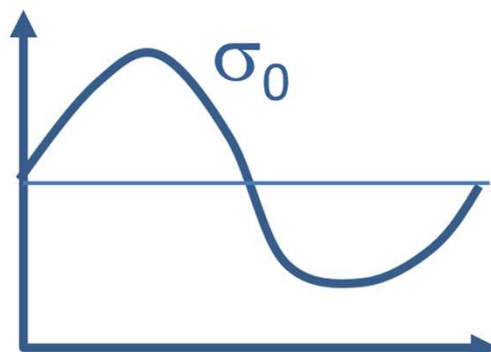
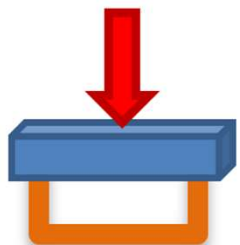


Stimulus = strain/stress sinusoid

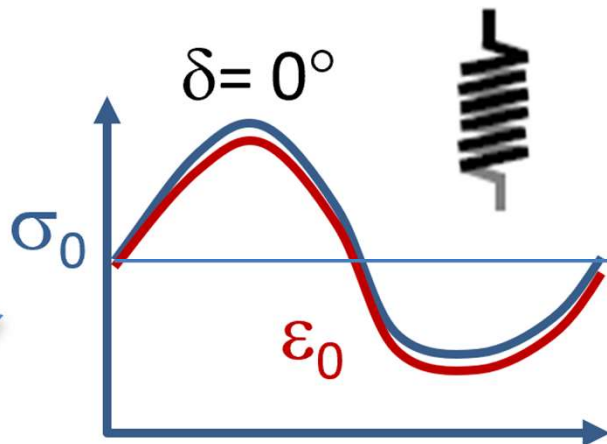
Response = stress/strain sinusoid:

- Amplitude  $\leftrightarrow$  stiffness (i.e. E)
- **Delta = 0** for ideally **elastic material** (all energy stored in the material)
- **Delta = 90°** for an ideally **viscous liquid** (all energy dissipated)

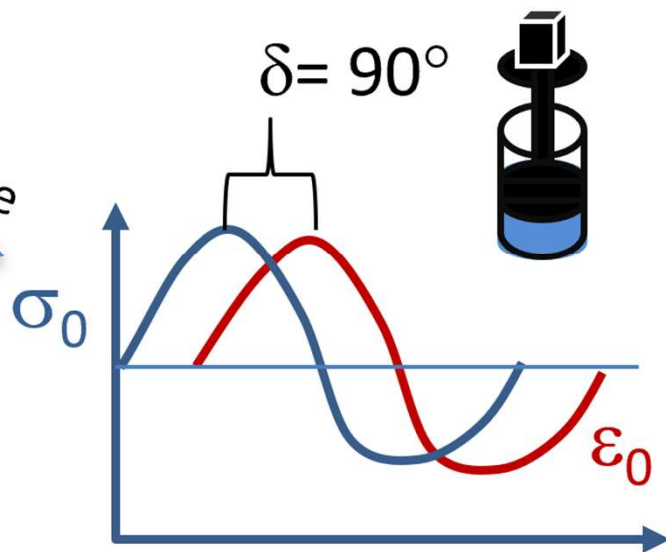
$F(t)$



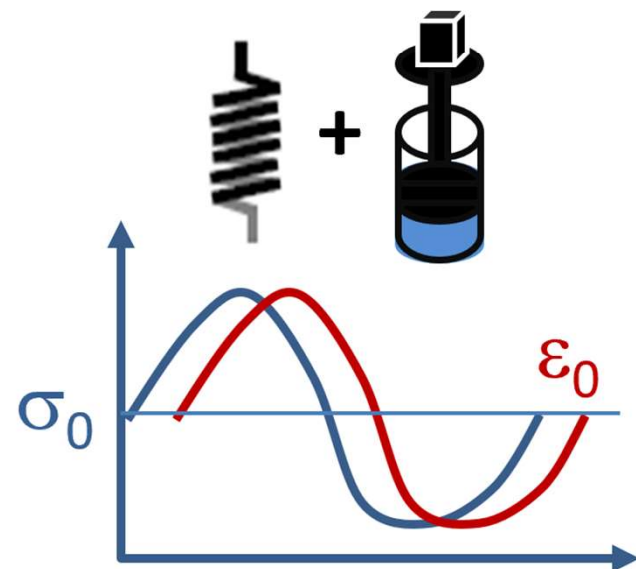
In-Phase



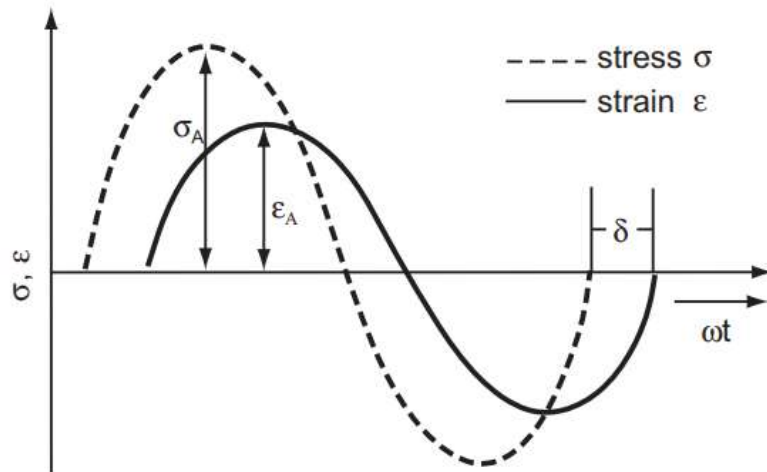
Out-of-Phase



Combination of



# Complex Modulus



$$\sigma = \sigma_0 \exp(i\omega t + \delta)$$

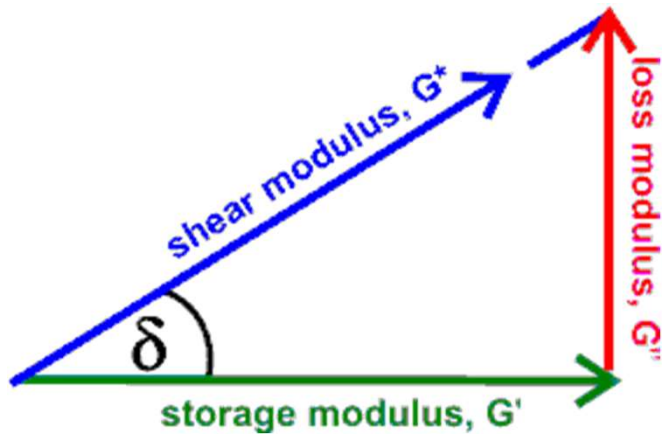
$$\varepsilon = \varepsilon_0 \exp(i\omega t)$$

$$E^* = \frac{\sigma}{\varepsilon} = \frac{\sigma_0}{\varepsilon_0} e^{i\delta} = \frac{\sigma_0}{\varepsilon_0} (\cos \delta + i \sin \delta) = E' + iE''$$

$$E' = \frac{\sigma_0}{\varepsilon_0} \cos \delta$$

$$E'' = \frac{\sigma_0}{\varepsilon_0} \sin \delta$$

# Complex (shear) modulus



$$G^* = G' + iG''$$

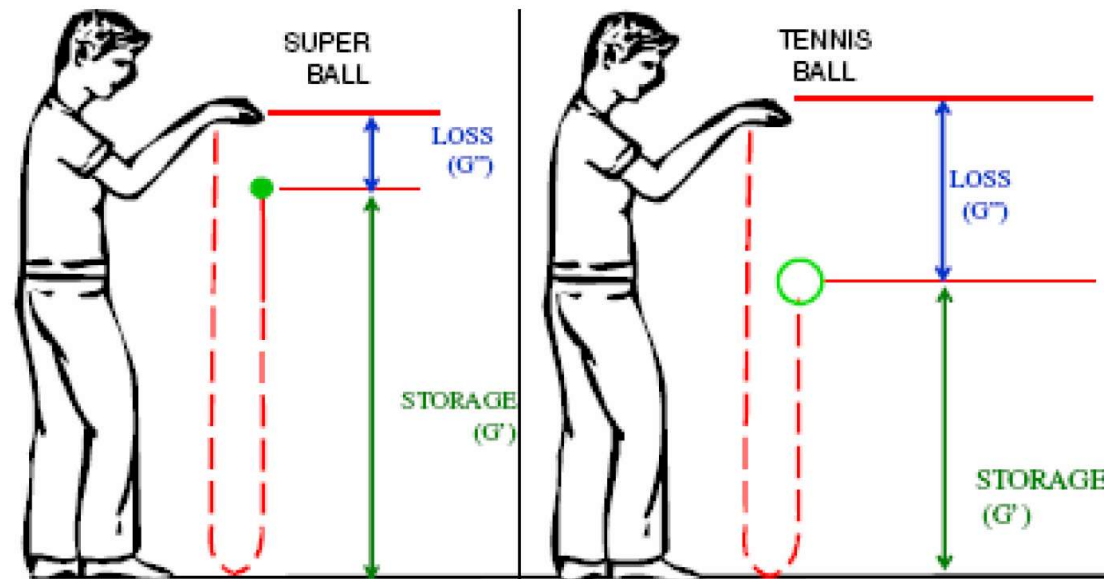
$$\tan \delta = \frac{G''}{G'}$$

The **loss or damping factor** is a measure of the energy lost and represents mechanical damping or internal friction in a viscoelastic system. The loss factor  $\tan \delta$  is expressed as a dimensionless number.

A **high  $\tan$**  value is indicative of a material that has a **high-nonelastic component**, while a low value indicates one that is more elastic.

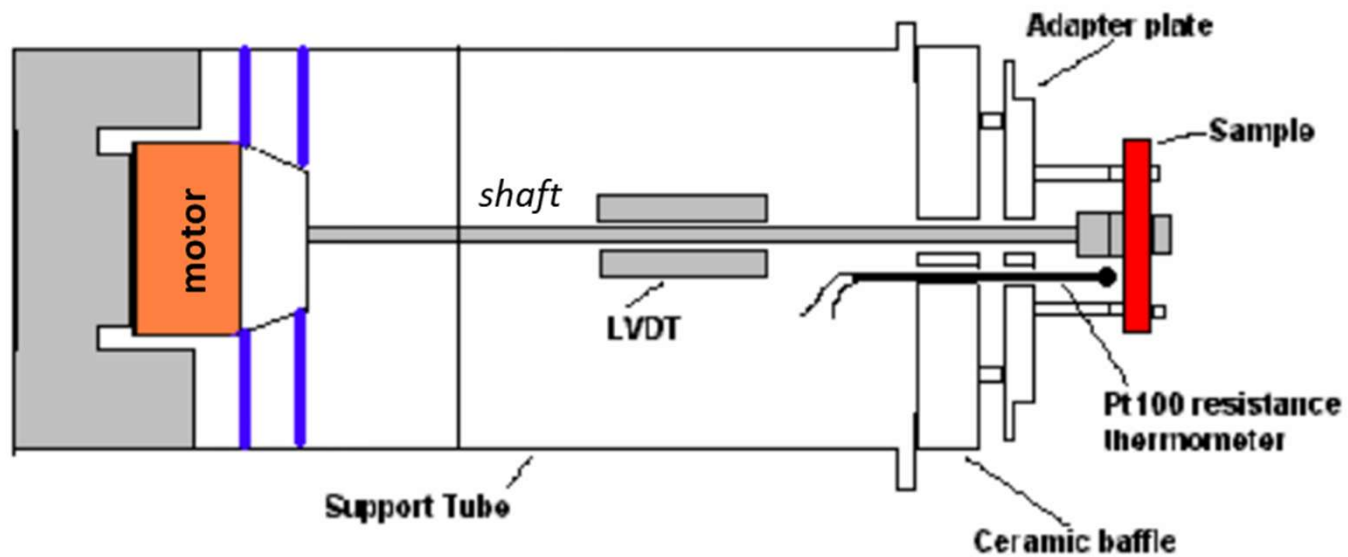


# Storage and Loss moduli



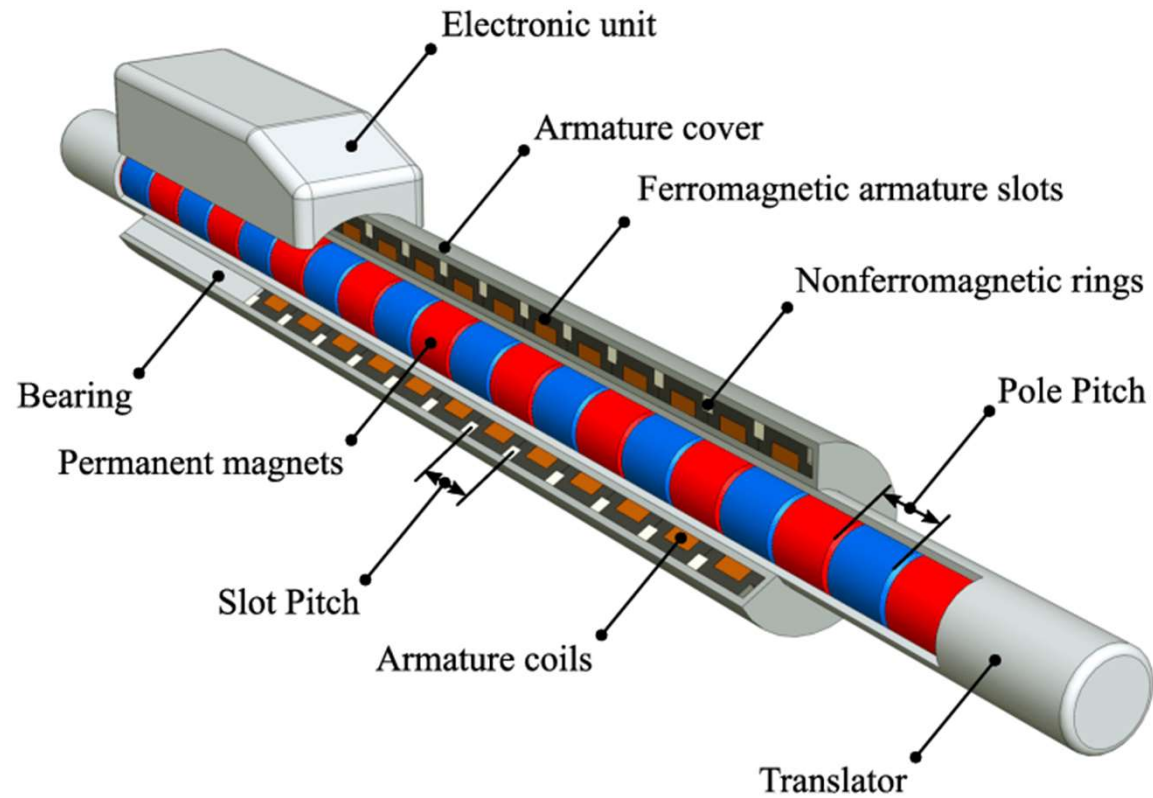
The **storage modulus** is often associated with “**stiffness**” of a material and is related to the Young’s modulus,  $E$ . The dynamic **loss modulus** is often associated with “**internal friction**” and is sensitive to different kinds of *molecular motions, relaxation processes, transitions, morphology* and other structural heterogeneities.

# Dynamic Mechanical Analyser

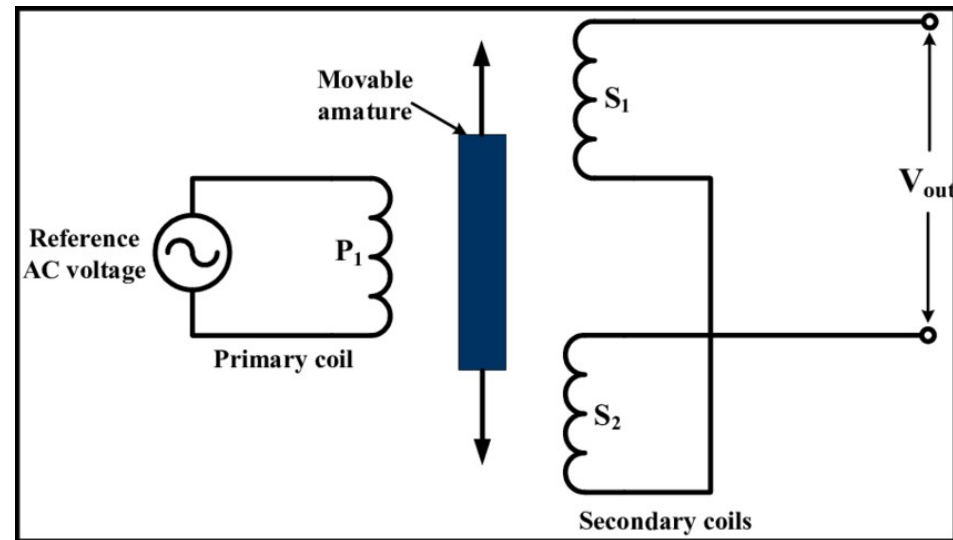
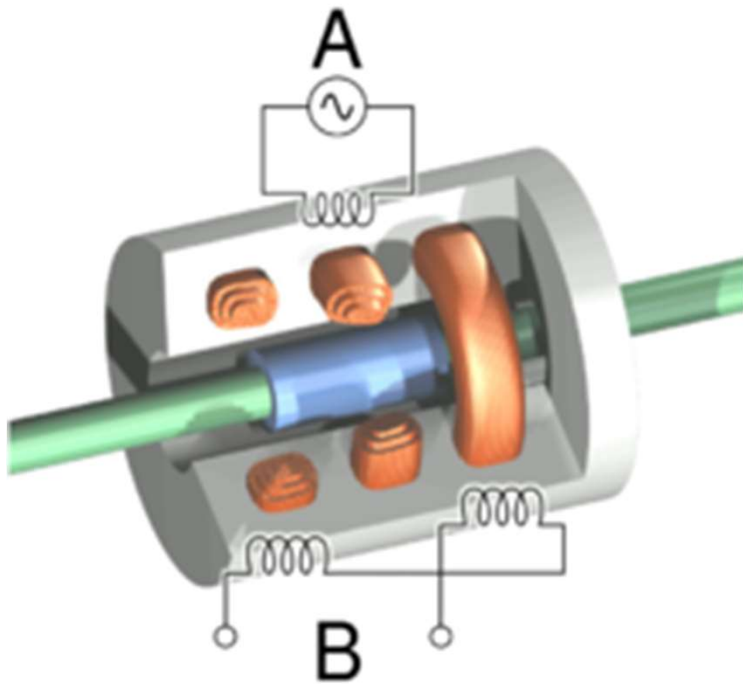


The stress is transmitted through the drive shaft onto the sample which is mounted in a clamping mechanism. As the sample deforms, the amount of displacement is measured by the LVDT positional sensor.

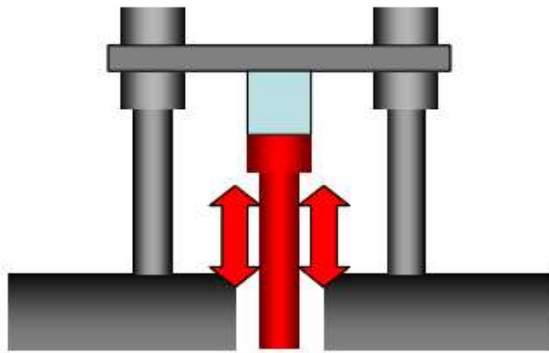
# Non contact linear actuator



# LVDT (linear variable displacement transducer)

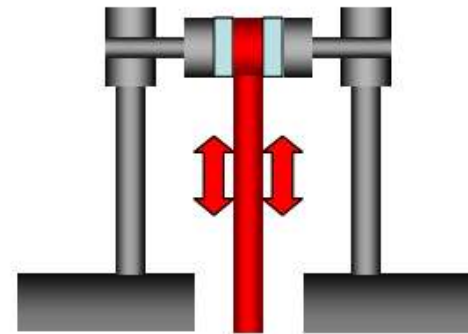


# Dynamic Mechanical Analyser (2)



Compression

In compression mode an **axial load** is applied to the specimen held between two parallel plates.



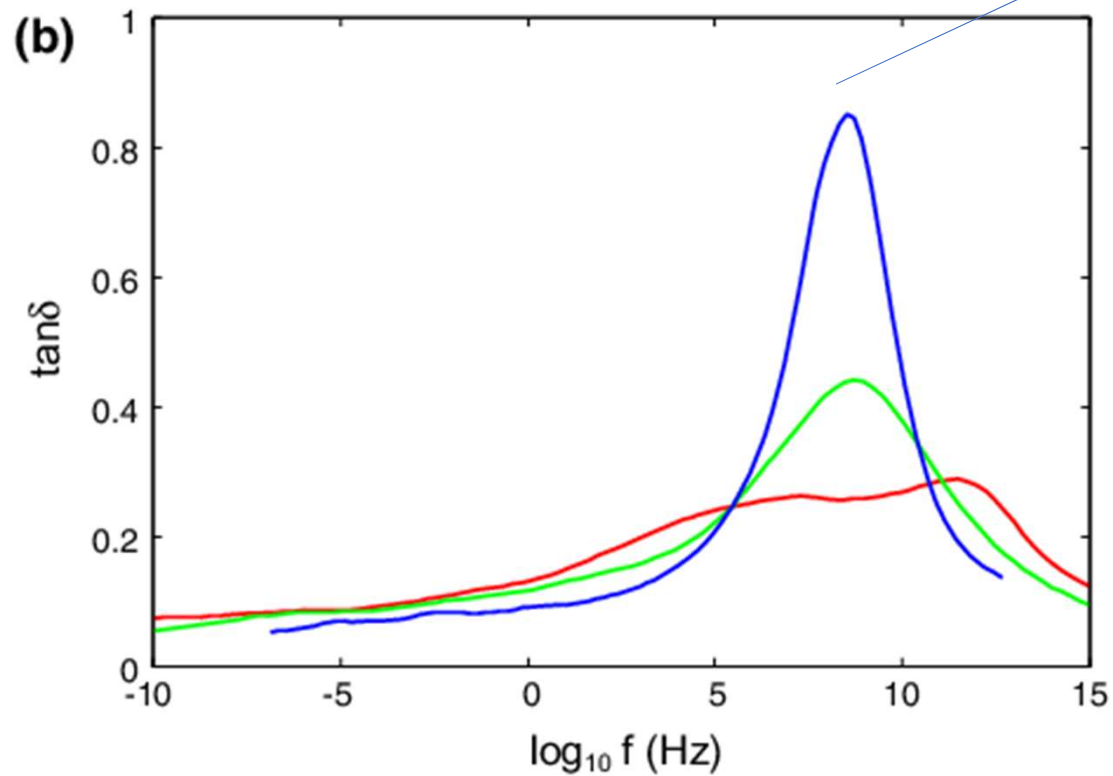
Shear

In shear mode the sample is placed in a **sandwich arrangement** between two plates and subjected to cyclical shear by the **displacement of a central push-rod**.

# Frequency Sweep & Relaxation time

(constant Temperature)

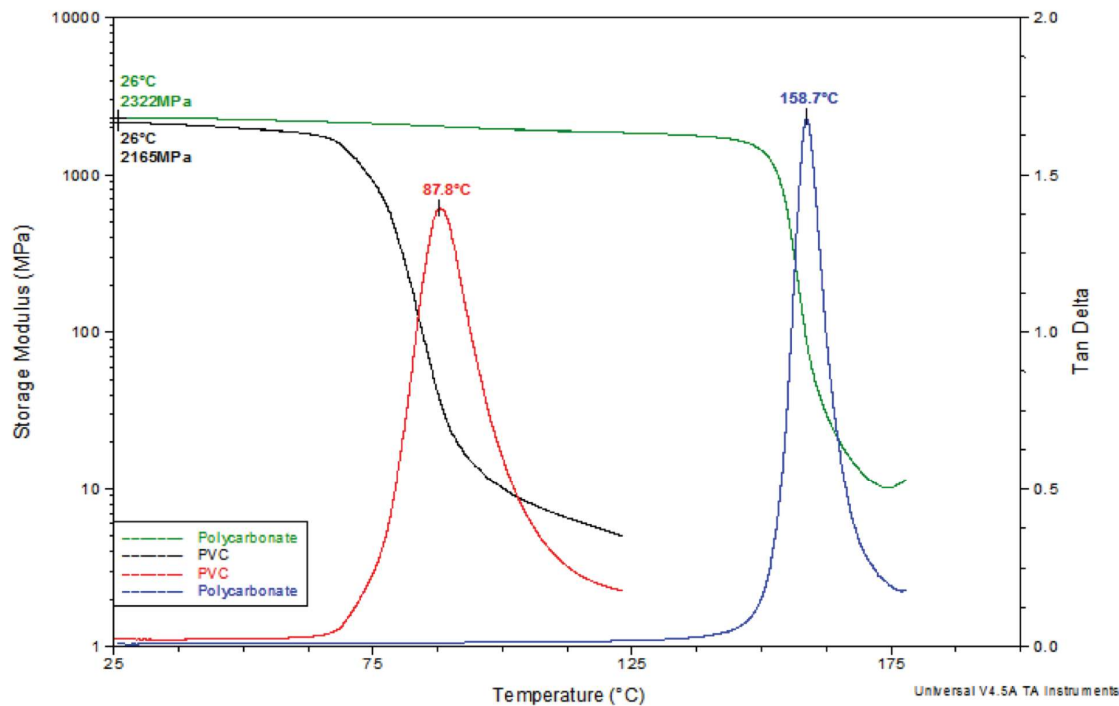
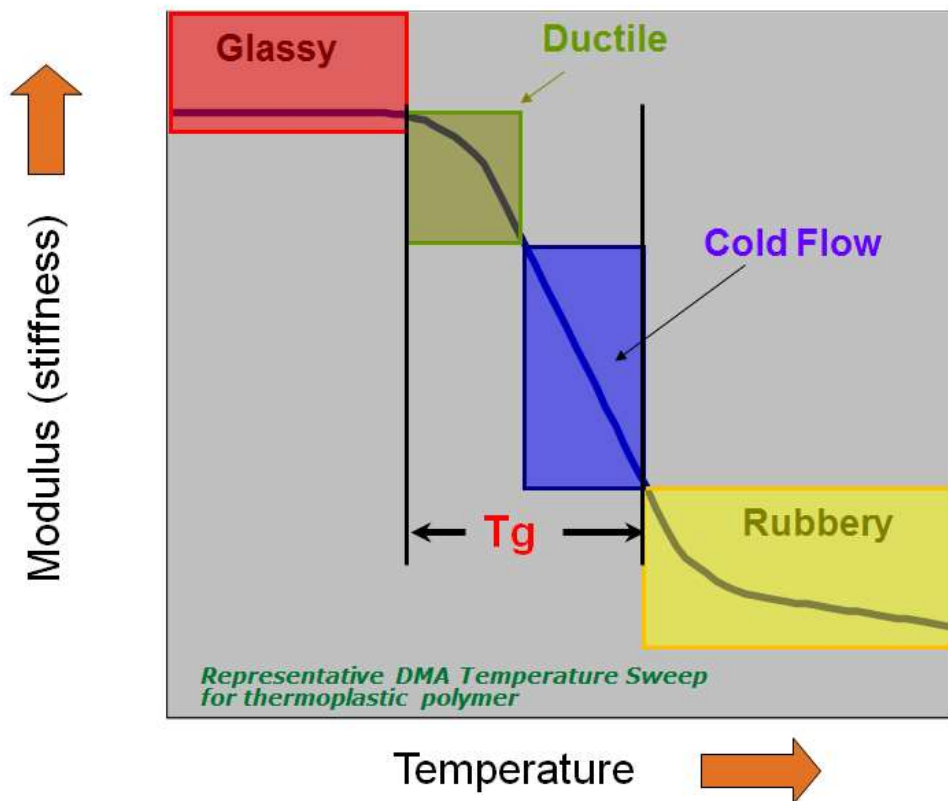
Relaxation frequency: from  $\tan\delta$  or  $E''$  peak



$$f = \frac{1}{\tau}$$

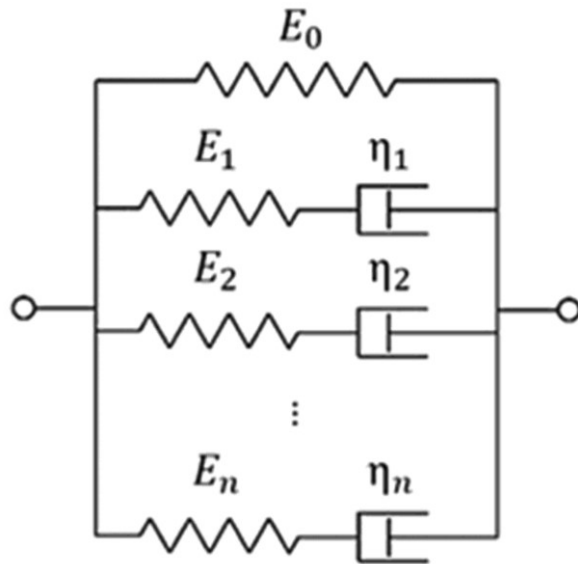
Relaxation time

# Temperature Sweep



A peak in  $\tan_{\delta}$  appears at the glass transition temperature ( $T_g$ ) of the polymer.

# DMA & Lumped parameter models



$$E^*(f) = \left( E_0 + \sum_{i=1}^n \frac{4 E_i \eta_i^2 f^2 \pi^2}{E_i^2 + 4 \eta_i^2 f^2 \pi^2} \right) + i \left( \sum_{i=1}^n \frac{2 E_i^2 \eta_i f \pi}{E_i^2 + 4 \eta_i^2 f^2 \pi^2} \right)$$

DMA frequency  
sweep tests

Global fitting  
with shared  
parameters  
(E<sub>0</sub>, E<sub>1</sub>, eta)

E<sub>1</sub>s, E<sub>eq</sub>, tau



# Articolo StepReconstructed DMA

- Qual è il principale vantaggio del metodo rispetto al DMA classico?
- Riflettere sulla struttura del paper

*In generale per una tesi sperimentale ispiratevi a Research Articles, per una compilativa alle Review*



ELSEVIER

Journal of Biomechanics

Volume 47, Issue 11, 22 August 2014, Pages 2641-2646

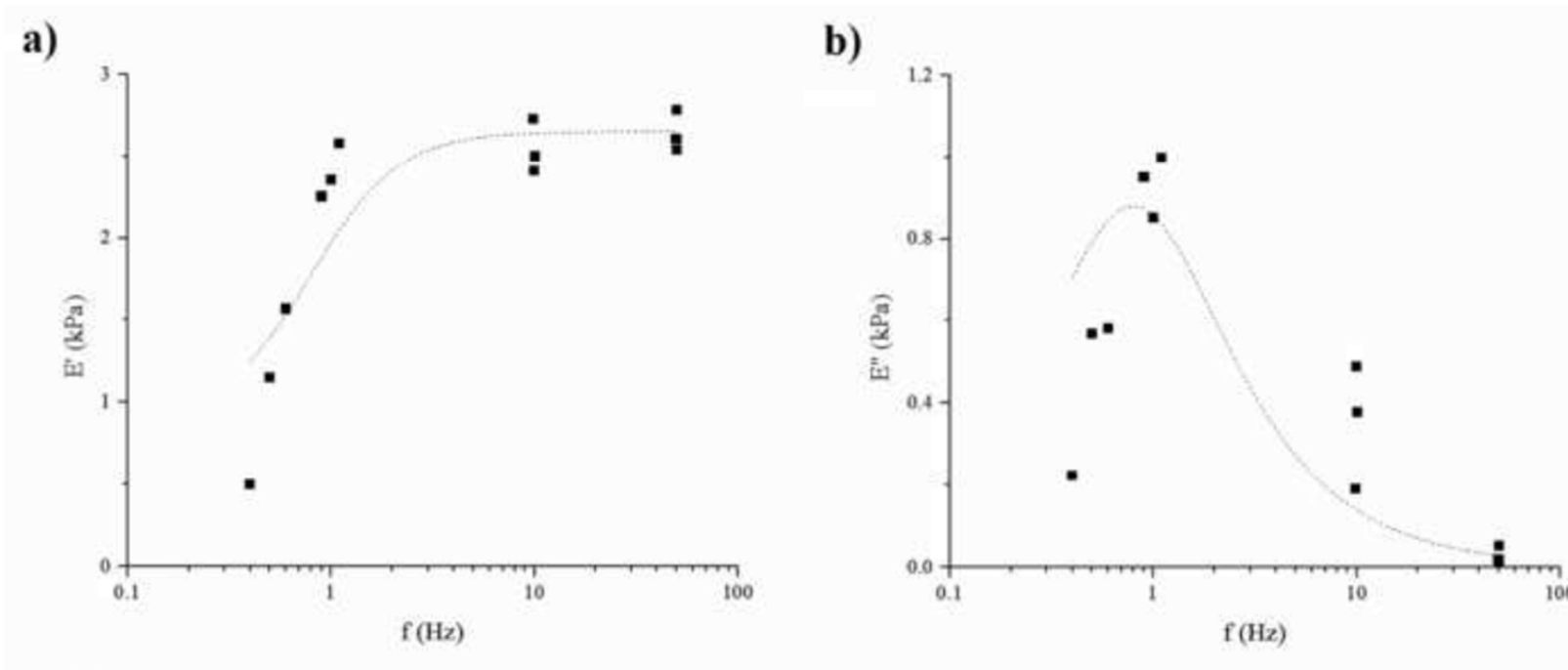


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## Viscoelastic characterisation of pig liver in unconfined compression

G. Mattei <sup>a, b</sup>  , A. Tirella <sup>a, c</sup>, G. Gallone <sup>a, b</sup>, A. Ahluwalia <sup>a, c</sup>

# SRDMA

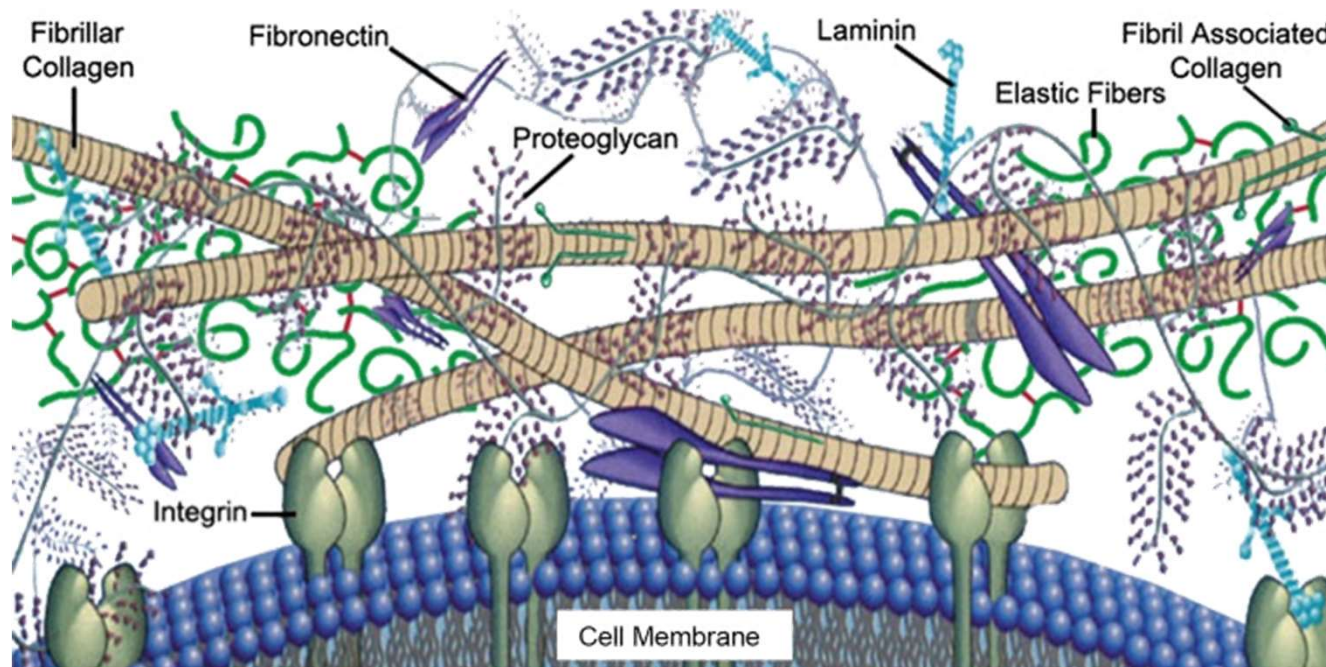


*step-reconstructed* DMA (SRDMA) is based on dynamic measurements around specific frequencies and then reconstruction of the mechanical behaviour in the entire frequency range of interest

# Tissues from an Engineering Point of View

## ECM – *biochemical composition and functions*

The ECM is generally composed of **water, proteins and polysaccharides**, even if the composition and topology is tissue-specific.



- **RGD** (Arg-Gly-Asp) sequence -> fundamental for cell adhesion
- **Nutrient and oxygen** diffusion

*Frantz et al, J. Cell. Sci., 2010*

# Tissues from an Engineering Point of View

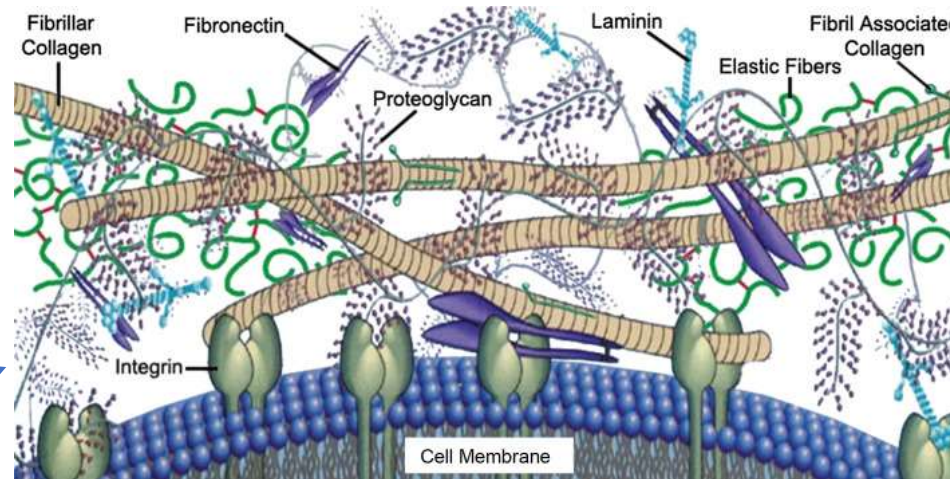
## ECM – mechanical functions



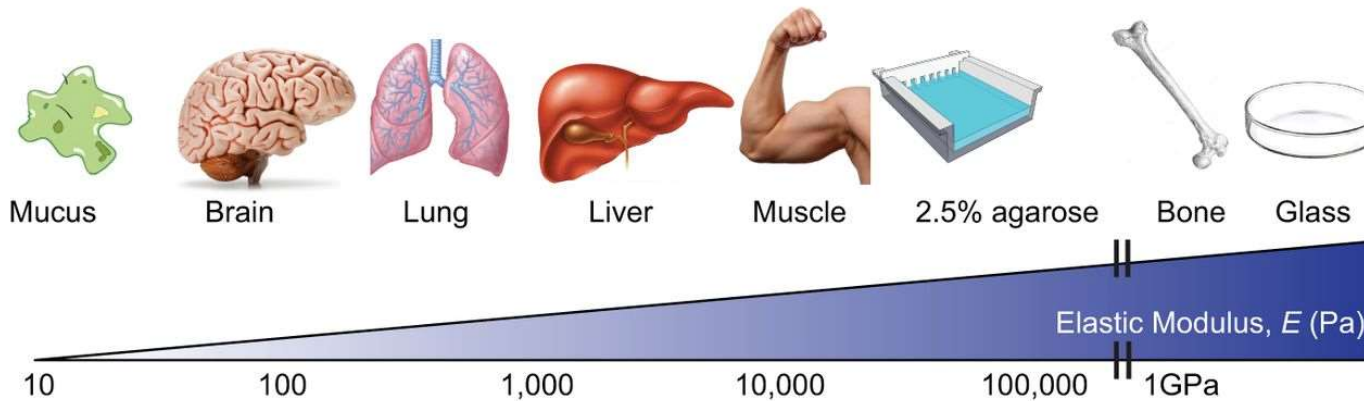
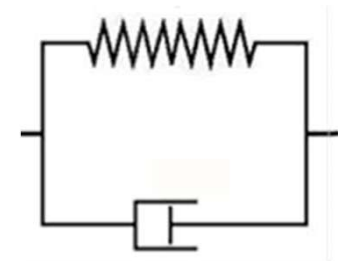
Elastic network



Liquid phase

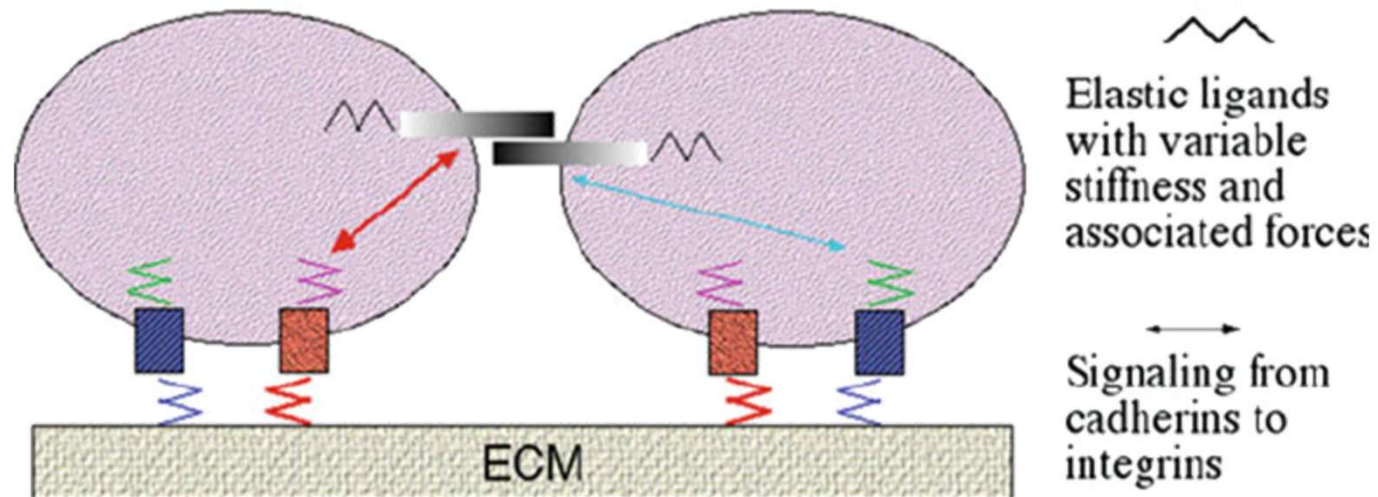


Viscoelastic behaviour



# Tissues from an Engineering Point of View

## Cells and Extracellular Matrix (ECM)



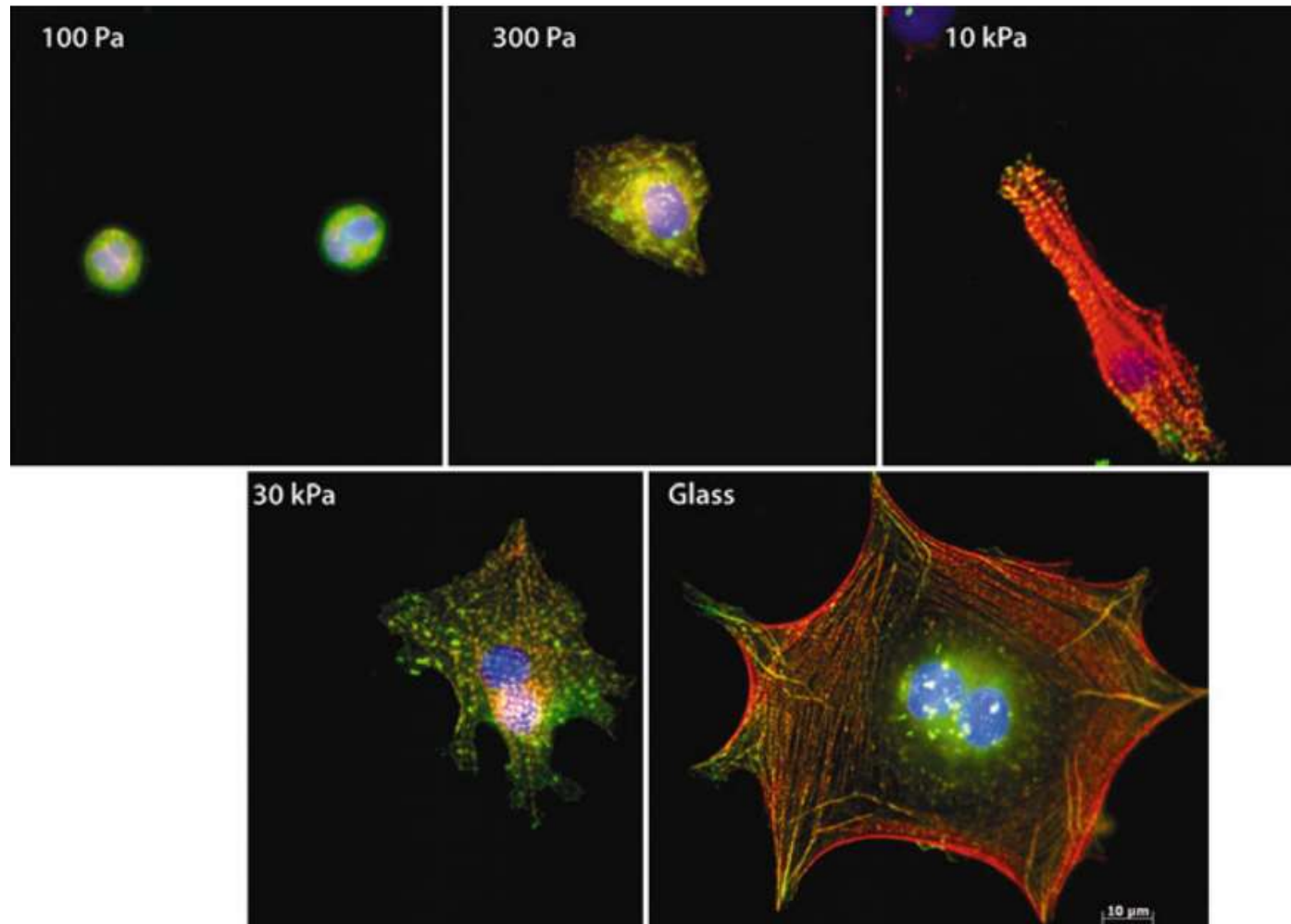
*Jones et al, Mechanobiology, 2011*

The ECM provides:

- essential **physical scaffolding** for the cells
- **biochemical and biomechanical cues** that are required for tissue morphogenesis, differentiation and homeostasis.

# Tissues from an Engineering Point of View

## ECM – *mechanical functions*

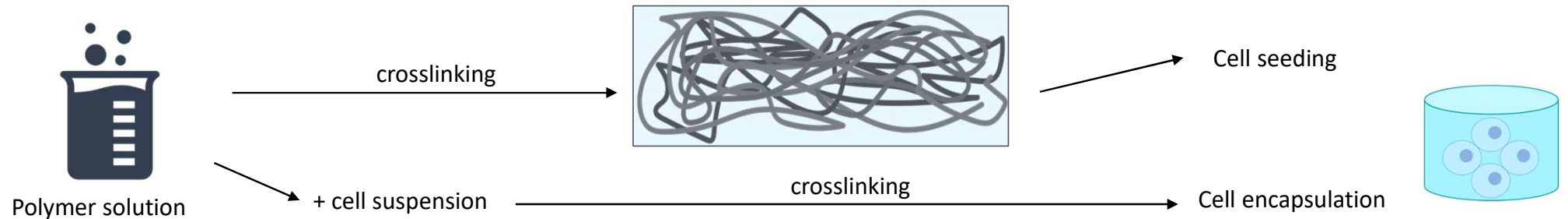


*Jones et al, Mechanobiology, 2011*

# Engineered Tissues

## Scaffolds

**Hydrogels** are composed of highly **hydrophilic polymers**, capable of holding large amounts of water in their three-dimensional networks (*Natural polymers: alginate, collagen, gelatin, agarose, etc. Synthetic polymers: PEG, PVA, PCL, PAAM, PU, etc*)



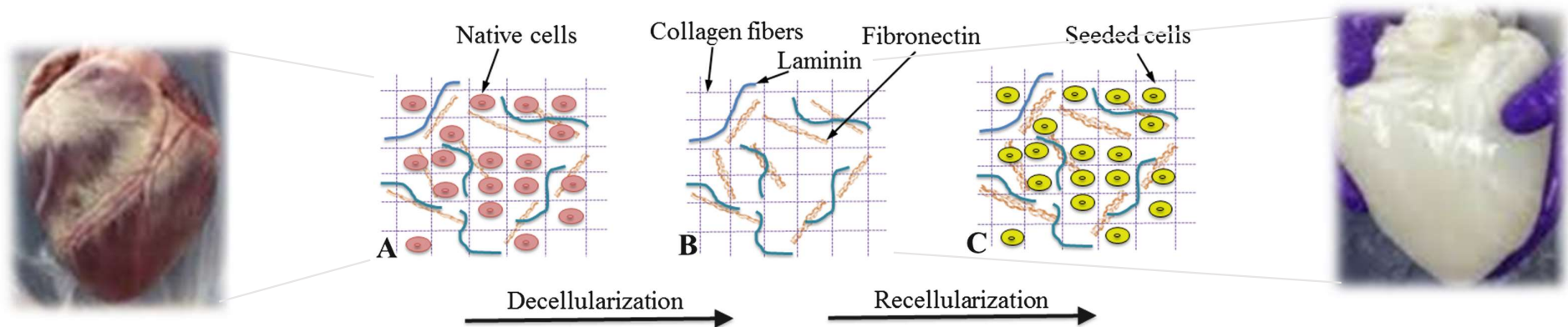
# Engineered Tissues

## Scaffolds

**Hydrogels** are composed of highly **hydrophilic polymers**, capable of holding large amounts of water in their three-dimensional networks (*Natural polymers: alginate, collagen, gelatin, agarose, etc. Synthetic polymers: PEG, PVA, PCL, PAAM, PU, etc*)



## Tissue-derived Scaffolds





# Decellularization

& digestion

**Decellularization** maintains *microstructures of native extracellular matrices and its biochemical compositions*, providing tissue-specific microenvironments for efficient tissue regeneration.

**Digestion** is necessary to *solubilize decellularized ECM* (i.e. breaks down proteins into smaller peptides).



*Lee et al, Biomacr., 2014*

# Decellularization

## Example: Liver Decellularization & Digestion

Tissue source: **pig liver**



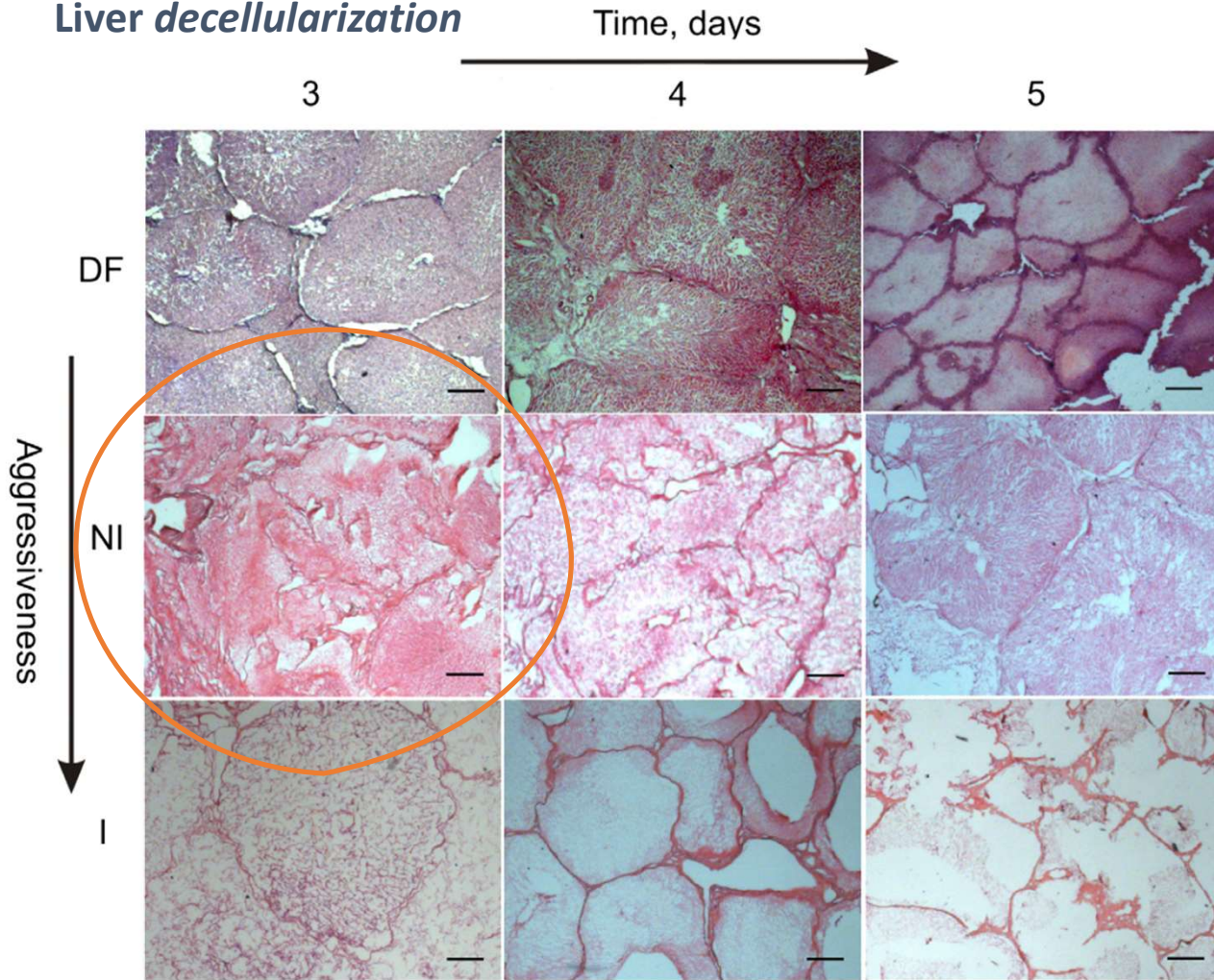
## Tunable ECM Gels



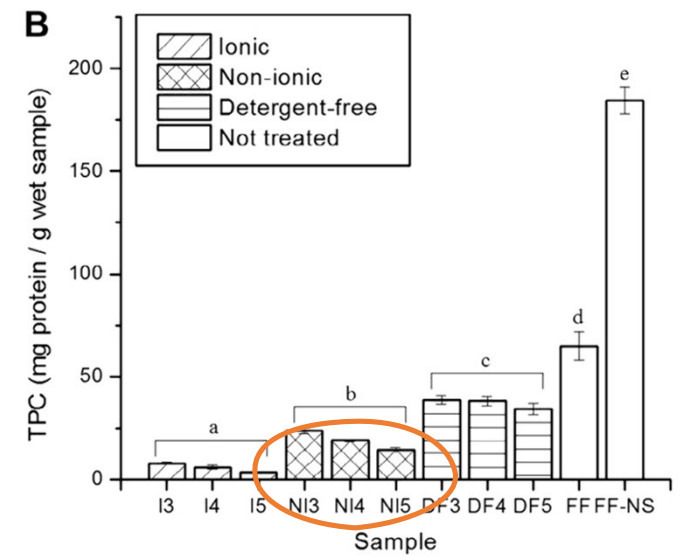
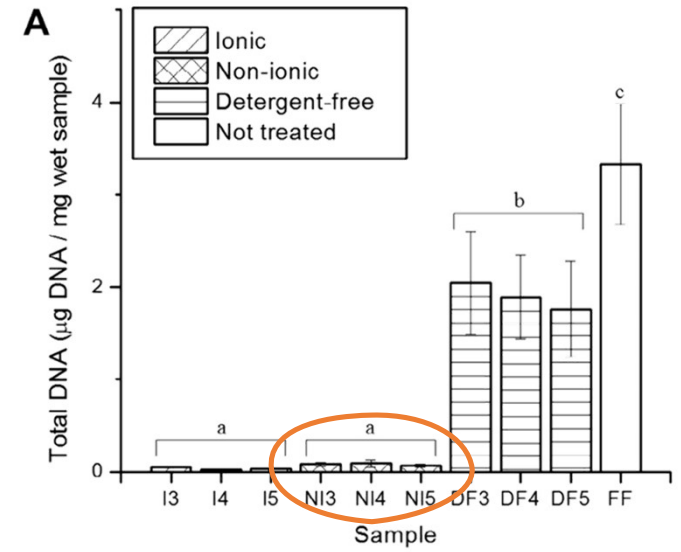
*Mattei et al, Ac. Biom., 2014*

# Decellularization

## Liver decellularization



Mattei et al, *Ac. Biom.*, 2014



# Decellularization

**Liver: *mechanical properties***

**Fresh liver:**  $E = 1.62 \pm 0.13$  kPa

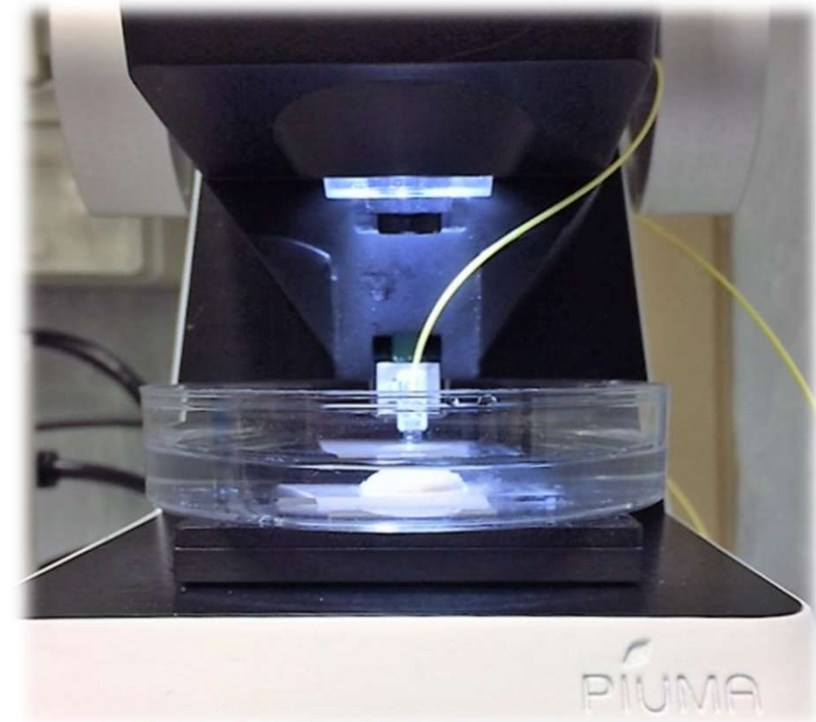
**No significant differences among liver lobes and different pigs.**

↳ Homogenous tissue source (healthy pigs from the same piggery)

**Decellularized liver:** I3 protocol ->  $1.25 \pm 0.07$  kPa  
NI3 protocol ->  $1.31 \pm 0.09$  kPa

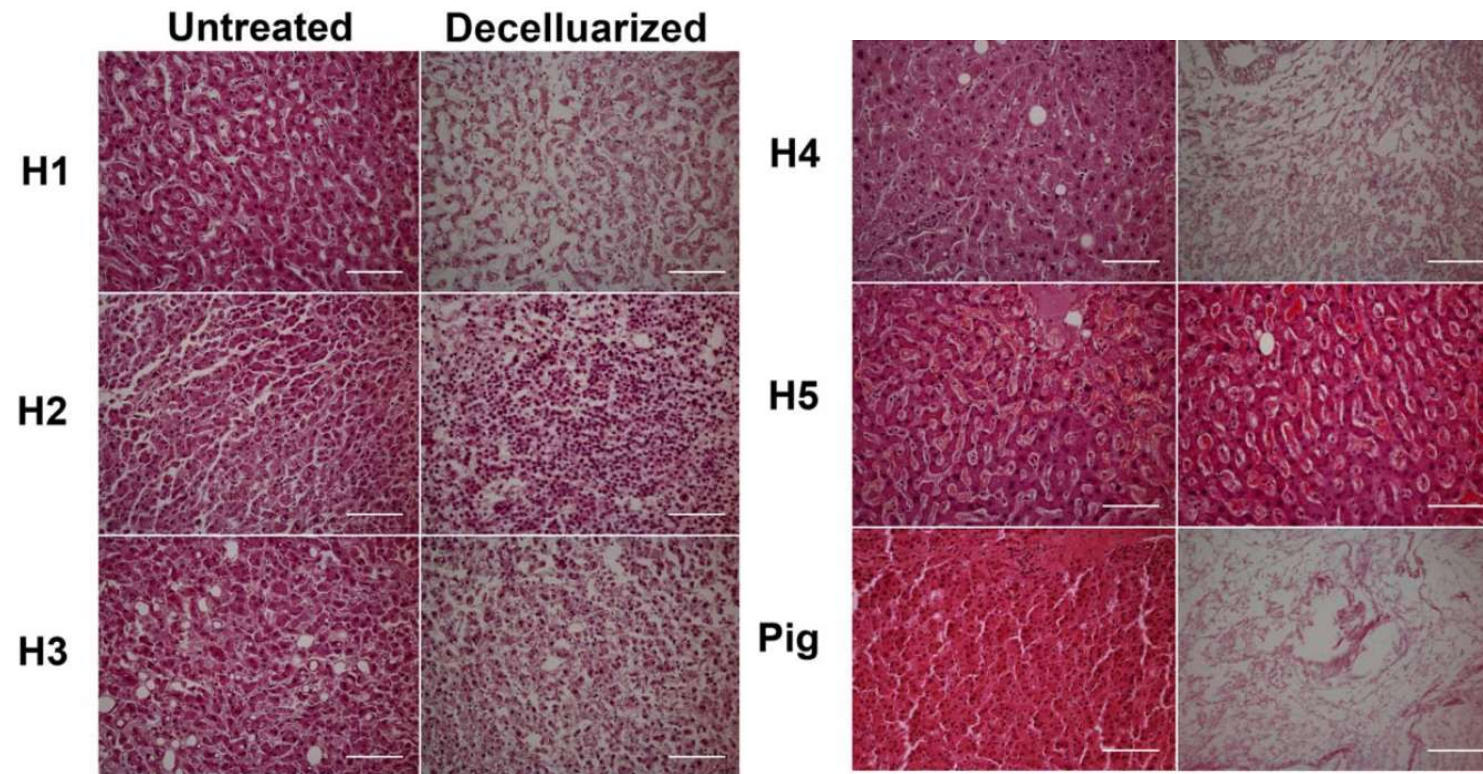
These values are slightly different from that of untreated liver samples mainly because of the cell removal

*Mattei et al, Ac. Biom., 2014*



# Decellularization

Variability of Human decellularized-tissues: *the importance of Healthy Tissue Sources*



Applying the same decellularization protocol to human liver samples obtained from **five different patients** yielded five different outcomes:

- different levels of remaining cells and matrix
- different protein and GAG content per unit area after decellularization